

中部乳がん会議

2013年3月2-3日(土-日 曜日)

- ① 君たちに伝えたいこと
- ② St.Gallen 直前情報

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## 君たちにつたえたいこと

- ◆ サイエンス、エビデンスを尊重する心をもってほしい
- ◆ 日々の診療に埋没せず研究にとりこんでほしい
- ◆ 若い時代の貴重な時間を切り売りしないほうがよい
- ◆ 寝食を忘れて研究に打ち込んでほしい
- ◆ 親はなくても子は育つ 子供の行事は過剰重視しない
- ◆ 時代についていくのではなく時代をリードしてほしい
- ◆ 科学的、倫理的な乳がん診療を実践してほしい
- ◆ ワーク・ライフ・スタディ バランスを意識してほしい



### 第21回日本乳癌学会総会 応募演題の特徴

特徴	件数	割合 (%)
応募総数	1850	
少数例報告	394	21.3
前向き臨床試験	5	0.2
非採択	71	3.8

## まちがった取り組み

プレジデンシャルシンポジウムのテーマに合わせて演題をとりつくろう

K先生の指摘

「プレジデンシャルシンポジウムがなければ演題の出しようがありませんからね

きつと演題は減るんじゃないですか

毎年、プレジデンシャルシンポジウムの最後の方でしようもない発表をしているK先生



乳癌学会の演題募集が始まってからテーマを決めてカルテ調査を始める

トリネガ症例の家族歴調べて遺伝性乳がんの頻度とかの検討にしてみるか?

## 正しい取り組み

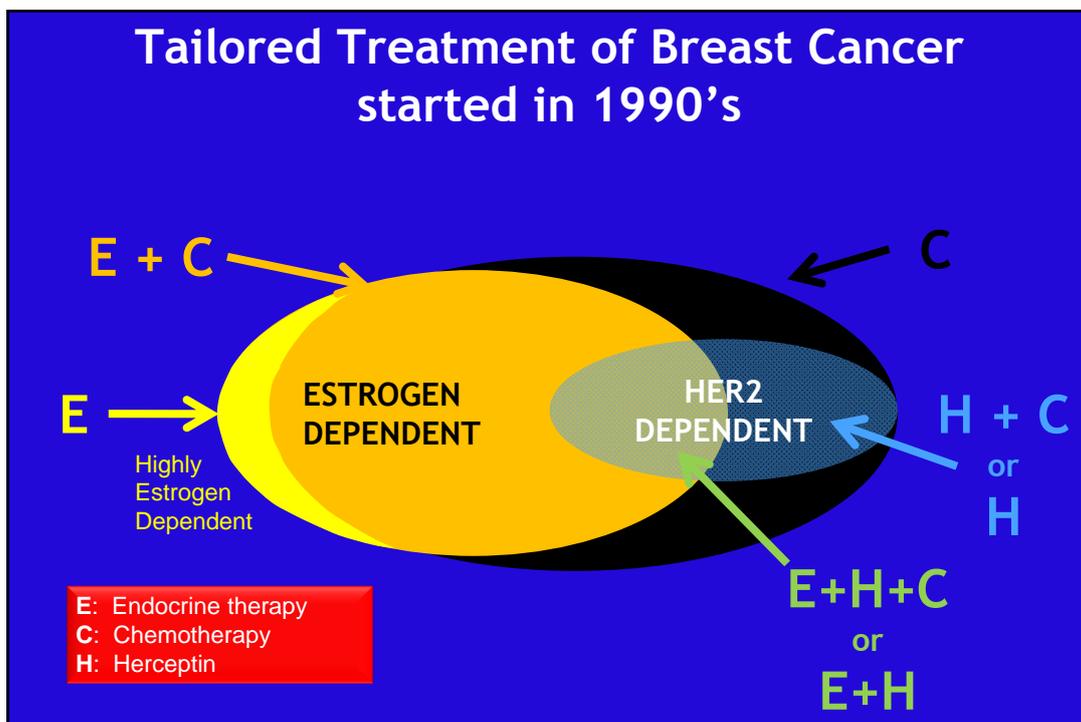
- ◆ 3年先の稽古をする  
毎年、1月の最初のカンファレンスで  
「再来年の乳癌学会 癌治療学会 ASCO SanAntonio  
などの学会に出す演題の研究テーマを検討する」
- ◆ 計画性を持ち前向きに取り組む
- ◆ チームリーダーの責任においてこれを成す

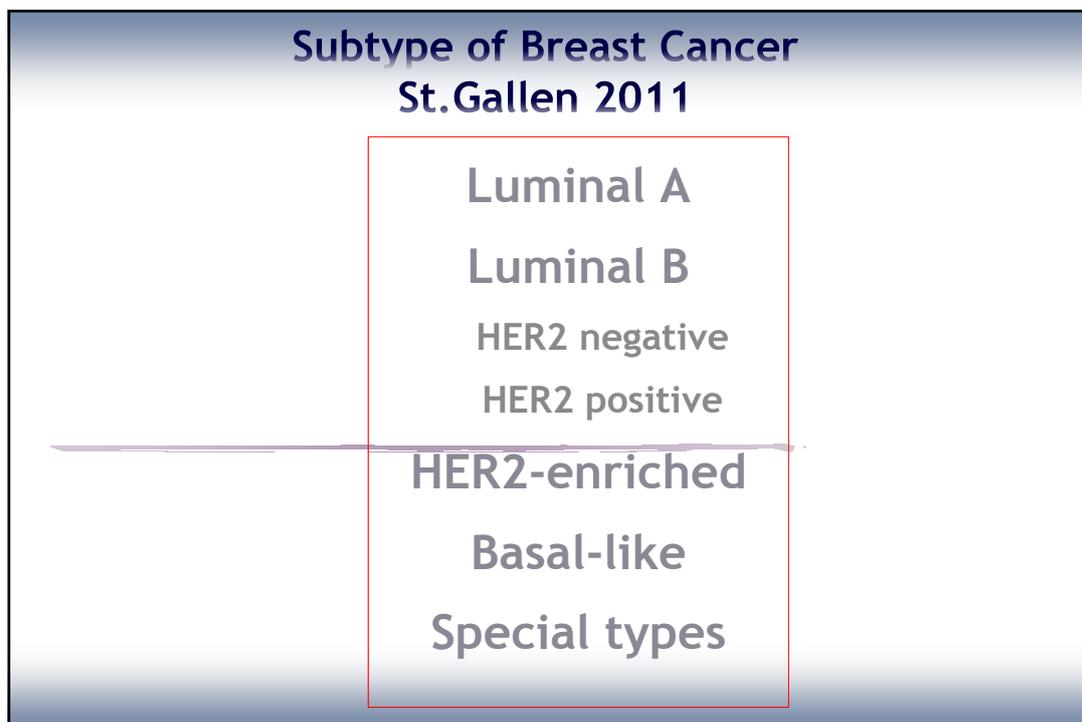
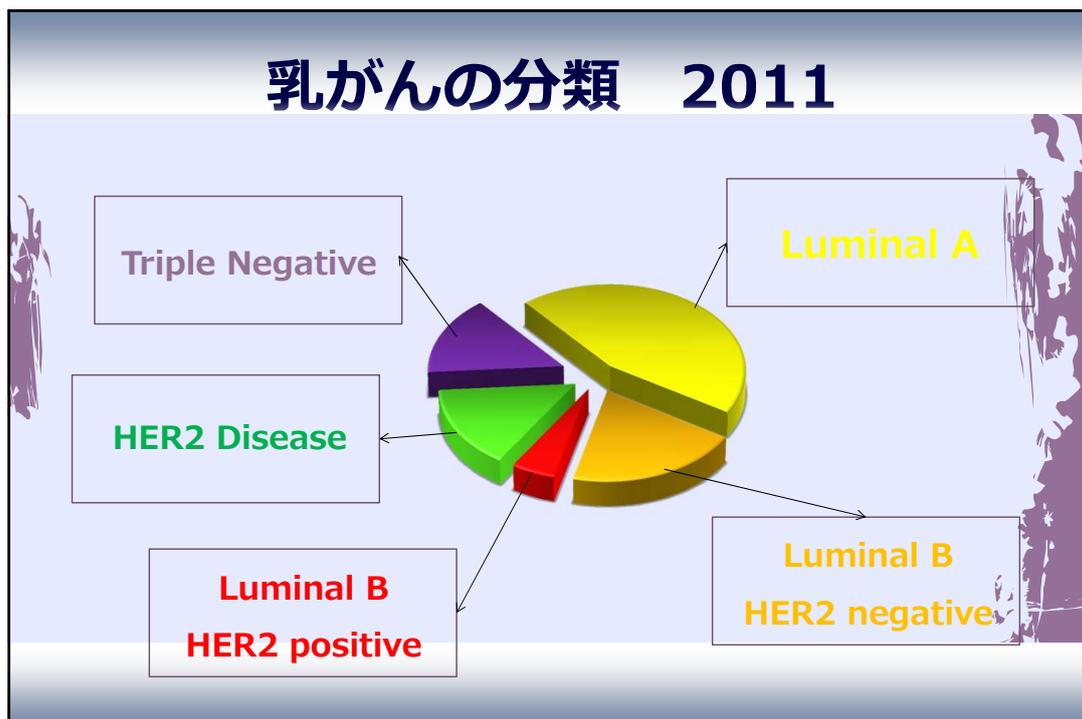
## がん治療 20世紀から21世紀へ

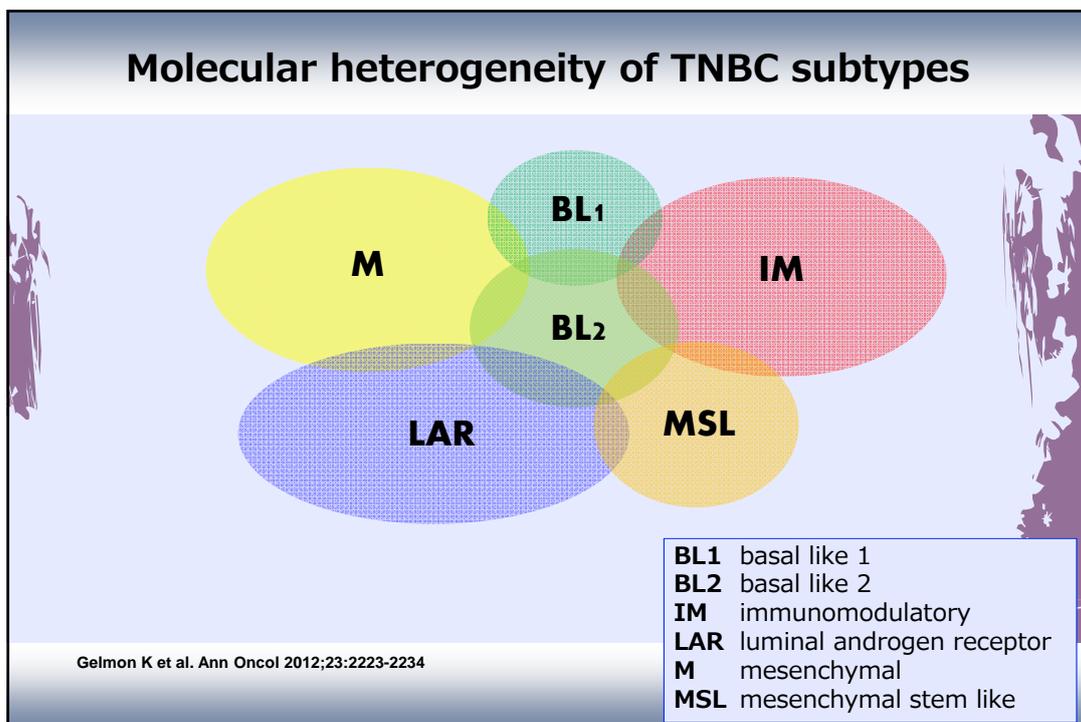
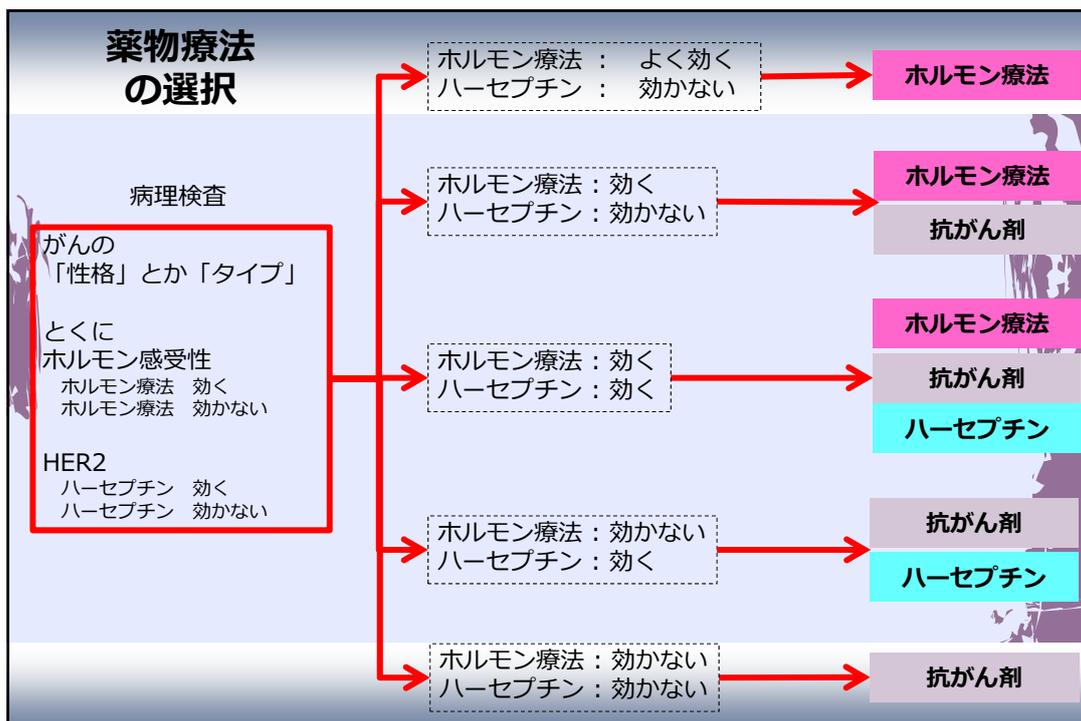
集団的・集団治療 → すべての転移性乳がん患者に  
ADM+CPA+TAM  
5' DFUR+CPA+MPA

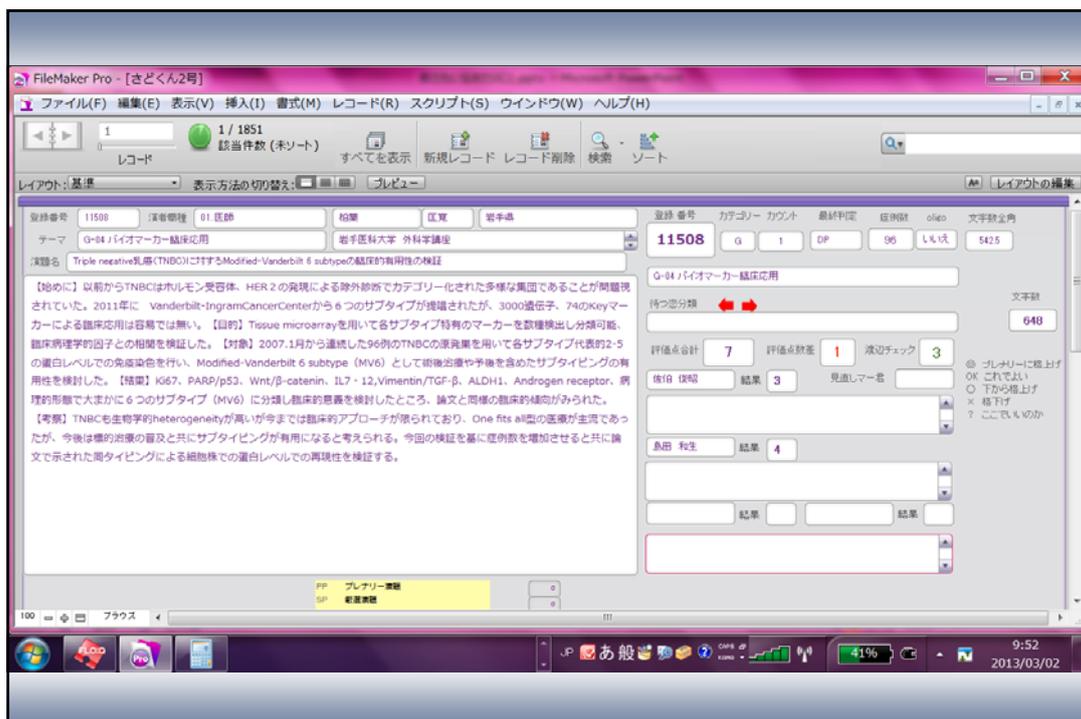
個別的・集団治療 → n (-) には AC  
n (+) には AC→paclitaxel

個別的・準個別治療 → ER (+) には ホルモン剤  
HER2 (+) には 抗HER2剤









## 遺伝子異常の発見と治療薬の開発

異常遺伝子	発見年	疾患	治療薬	国際誕生	日本承認
BCR-ABL 転座	1973	慢性骨髄性白血病	イマチニブ	2001	2005
<b>HER2増幅</b>	<b>1985</b>	<b>乳癌</b>	<b>トラスツズマブ</b>	<b>1998</b>	<b>2001</b>
KRAS野生型	1987	結腸癌	パニツムマブ	2006	2010
PML-RARA 転座	1990	急性骨髄性白血病	トレチノイン	1987	1995
BRAF V600変異	2001	悪性黒色腫	ヴェムラフェニブ	2011	not yet
KIT変異	2001	消化管間質腫瘍	イマチニブ	2001	2005
EGFR変異	2004	非小細胞肺癌	ゲフィチニブ	2002	2002
ALK融合遺伝子	2007	非小細胞肺癌	クリゾチニブ	2010	2012

## 個別的・個別治療の商業化

Oncotype Dx

MammaPrint

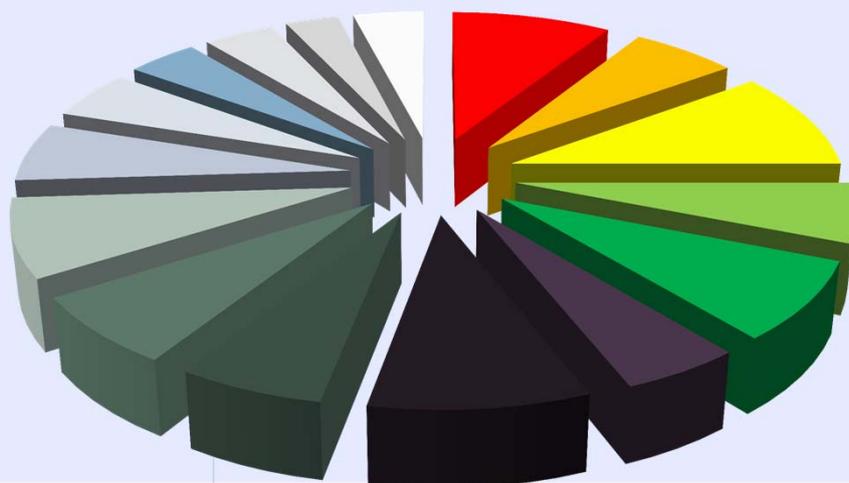
PAM 50

Endopredict

Epclin

・  
・  
・

## 乳がんのサブタイプ 20XX



## T1aN0M0 stage I Luminal A

### 39才 女性

- 中学校教員
- 23歳で結婚 16年間、何回か不妊症治療に取り組んだが妊娠せず

#### • 経過

5年前 左D領域腫瘤 → 切開生検 → 鑑別困難 → 経過観察

半年前 創部近くに腫瘤 → 針生検 → 鑑別困難

1か月前 JTD大学受診 → CNB → 乳癌と診断 → GKARAK病院へ転院希望

今月 GKARAK病院 → 左 Bt + Ax (level 2)

【病理】 a3>a2 n=1/29 t=0.9cm ER (AS 8) PgR (AS 8) HER2 0 grade 1

拳児希望あり

討論

- 受精卵凍結保存など、拳児対策をどうするか？
- 薬物療法の選択はどうか？



## 本日の話題メニュー

話題番号	今日の話
1	豊かな国 日本に暮らす幸せ アバスチンのエビデンスを考える
2	乳がん個別化医療 確かに進歩しているようだが・・・
3	ピンクリボンキャンペーンの終焉
4	<b>St.Gallen 2013</b>

# **St. Gallen 2013 Rational Recommendations – Personalizing the Approach to Treatment of Women with Early Breast Cancer**

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## **Consensus & Controversy**

## St. Gallen 2013

- ◆ Introduction of the Panel
- ◆ Introduction of the Process
- ◆ Key areas of Controversy
  - ◆ Aim: majority, opinion-based consensus on practical issues

### International Consensus Panel - 2013 St.Gallen

Eric P. Winer, USA & Aron Goldhirsch, CH/I (Chairmen)

- |                                   |                                 |
|-----------------------------------|---------------------------------|
| ◆ Kathy Albain (USA)              | ◆ Zefei Jiang (CN)              |
| ◆ Fabrice André (F)               | ◆ Per Karlsson (S)              |
| ◆ José Baselga (USA)              | ◆ Sibylle Loibl (D)             |
| ◆ Jonas Bergh (S)                 | ◆ Monica Morrow (USA)           |
| ◆ Hervé Bonnefoi (F)              | ◆ Moise Namer (F)               |
| ◆ Denisse Bretel-Morales (PE)     | ◆ C. Kent Osborne (USA)         |
| ◆ Harold J. Burstein (USA)        | ◆ Ann H. Partridge (USA)        |
| ◆ Fatima Cardoso (P)              | ◆ Frédérique Penault-Llorca (F) |
| ◆ Monica Castiglione Gertsch (CH) | ◆ Charles M. Perou (USA)        |
| ◆ Alan S. Coates (AUS)            | ◆ Martine Piccart-Gebhart (B)   |
| ◆ Marco Colleoni (I)              | ◆ Kurt Possinger (D)            |
| ◆ Alberto Costa (I)               | ◆ Kathleen I. Pritchard (CAN)   |
| ◆ Giuseppe Curigliano (I)         | ◆ Emiel J.T. Rutgers (NL)       |
| ◆ Nancy Davidson (USA)            | ◆ Felix Sedlmayer (A)           |
| ◆ Angelo Di Leo (I)               | ◆ Vladimir Semiglazov (RUS)     |
| ◆ Bent Ejlertsen (DK)             | ◆ Zhi-Ming Shao (CN)            |
| ◆ John F. Forbes (AUS)            | ◆ Ian Smith (UK)                |
| ◆ Richard D. Gelber (USA)         | ◆ Beat Thürlimann (CH)          |
| ◆ Michael Gnant (A)               | ◆ Masakazu Toi (JPN)            |
| ◆ Pamela J. Goodwin (CAN)         | ◆ Andrew Tutt (UK)              |
| ◆ Paul E. Goss (USA)              | ◆ Michael Untch (D)             |
| ◆ Jay R. Harris (USA)             | ◆ Giuseppe Viale (I)            |
| ◆ Daniel F. Hayes (USA)           | ◆ Toru Watanabe (JPN)           |
| ◆ Clifford A. Hudis (USA)         | ◆ Nicholas Wilcken (AUS)        |
| ◆ James N. Ingle (USA)            | ◆ William C. Wood (USA)         |
| ◆ Jacek Jassem (PL)               |                                 |

## **Areas of Controversy - Need for Debate**

- ◆ Controversies deserve:
  - ◆ Debate leading to a consensus
  - ◆ Debate leading to a range of resolutions (because different approaches are needed in different environments / countries)
  - ◆ Debate defining need for further trial(s)
- ◆ Areas which do not require discussion because evidence is accepted by most / all

## **Areas of Controversy - Need for Debate**

- ◆ Clinical trials are...
  - ◆ ... useful for defining whether one treatment is better than another in a “defined population”
  - ◆ ... useful for defining the average improvement in treatment outcome
  - ◆ ... do not always define how to treat an individual patient
- ◆ Using available evidence to decide treatment for an individual patient involves interpretation and debate

## **Primary Consideration (agreed on by Majority of Participants)**

- ◆ **Primary goal - treatment choice for women with early breast cancer:**
  - utilize tumor biology to determine responsiveness to various treatments;
  - utilize tumor extent to estimate level of benefit justifying treatment for the individual patient;
  - utilize these plus estimates of the risks of therapy and patient preference to define preferred management.
    - ◆ Guidelines should be provided to patients in appropriate language and format to assist decision-making and optimize informed consent
    - ◆ Patient preference, assuming that the options are understood, is paramount and may lead to adjustment in treatment

## **Questions**

- ◆ ... should be unambiguous and not directive
- ◆ ... should lead to the best recommendations outside of clinical trials. Alternatives for less well-resourced areas/countries should be identified if the treatment is less costly and only marginally less effective.
- ◆ Refer to usual histologic types (special subtypes require separate consideration)
- ◆ Exclude the treatment of pregnant patients as well as those with significant co-morbidities
- ◆ Age cut-off for “young” may depend on question

## Panelists' Answers

- ◆ Questions have been prospectively reviewed by the Panelists and revised to be as clear as possible.  
**Further semantics discouraged!!**
- ◆ Therefore, Panelists are asked to answer  
          Yes          or          No            
recognizing that some uncertainty may exist.
- ◆ **Abstain (A)** for insufficient data, not an expert on the issue, or conflict of interest.

## Key Areas of Controversy

- Surgery of the primary
- Surgery of the axilla
- Radiation: partial breast, post-mastectomy, nodal areas, advanced technologies
- Pathology: Ki-67, ER, HER2, grade, other markers
- Multi-gene signatures: 21 gene RS, PAM-50, 70 gene signature, EPclin, other
- Stroma: extracellular matrix and prognosis
- Endocrine therapies: ovarian suppression, tamoxifen, AI
- Chemotherapies: luminal A, duration, regimen
- Anti-HER2 therapies: combination, duration
- Neo-adjuvant systemic therapy
- Bisphosphonates: anti-tumor effects
- Follow up after early breast cancer

## Key Areas of Controversy

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## Surgery

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## Surgery Issues (Summary Slide)

- ◆ Assessment of tumor extent to decide:
  - ◆ mastectomy
  - ◆ breast conservation
  - ◆ neoadjuvant chemotherapy
- ◆ In case of breast conservation:
  - ◆ sufficient cytoreduction for optimal in-breast cancer control
  - ◆ optimal strategies for cosmesis
- ◆ Indications for sentinel node procedure
- ◆ Indications for full axillary clearance

## Surgery of the Primary

When considering breast conserving surgery the following factors are contraindications

### ◆ Young age (<35 yr)

Relative	Yes	No	A
Absolute	Yes	No	A

### ◆ Young age (< 40 yr)

Relative	Yes	No	A
Absolute	Yes	No	A

### ◆ Extensive or diffuse microcalcification

Relative	Yes	No	A
Absolute	Yes	No	A

## Surgery of the Primary

When considering breast conserving surgery the following factors are contraindications

◆Multi-focal disease

Relative	Yes	No	A
Absolute	Yes	No	A

◆Multi-centric disease

Relative	Yes	No	A
Absolute	Yes	No	A

◆Tumour close to nipple

Relative	Yes	No	A
Absolute	Yes	No	A

## Surgery of the Primary

When considering breast conserving surgery the following factors are contraindications

◆Extensive vascular invasion

Relative	Yes	No	A
Absolute	Yes	No	A

◆Extens. intraductal component

Relative	Yes	No	A
Absolute	Yes	No	A

◆Lobular histology

Relative	Yes	No	A
Absolute	Yes	No	A

## Surgery of the Primary

When considering breast conserving surgery the following factors are relative contraindications:

◆Family history	Yes	No	A
◆BRCA1 positivity	Yes	No	A
◆BRCA2 positivity	Yes	No	A
◆Involved margins after repeated excisions (including DCIS)			
	Yes	No	A
◆Unfavourable biology on gene expression/sequencing			
	Yes	No	A
◆Contraindications to breast irradiation that should follow breast conserving surgery			
	Yes	No	A

## Surgery of the Primary

Is skin-nipple sparing mastectomy an acceptable treatment without RT?

Yes    No    A

**ONLY if margin toward nipple is tumour-free and immediate reconstruction planned**

Yes    No    A

## Surgery of the Primary

- ◆ Should MRI be routine for patients with newly diagnosed disease (to assist decision on BCS)?

Yes    No    A

- ◆ In women undergoing breast conserving surgery the minimum appropriate surgical margin is

~~◆ No ink on invasive tumor?                      Yes    No    A~~

◆ 1 mm clearance (invasive)?                      Yes    No    A

◆ 3 mm clearance (invasive)?                      Yes    No    A

◆ 5 mm clearance (invasive)?                      Yes    No    A

◆ 2 mm clearance (DCIS)?                          Yes    No    A

◆ Dependent on tumor biology?                      Yes    No    A



## Surgery of the Axilla

In patients with macrometastases in 1-2 sentinel nodes, completion axillary dissection can safely be omitted following:

- Mastectomy (no radiotherapy planned)

Yes    No    A

- 
- Mastectomy (radiotherapy planned)

Yes    No    A

- Conservative resection and radiotherapy

Yes    No    A

## Surgery of the Axilla

In patients otherwise undergoing breast conserving surgery, completion axillary dissection is necessary if :

- Clinical N1 ?                      Yes    No    A
- 3 or more positive SLNs?    Yes    No    A

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- Nodal status (eg. N 4+) needed for chemotherapy choice?    Yes    No    A



## Radiotherapy

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## Radiotherapy Issues (Summary Slide)

- ◆ Subgroup that does not need any RT?
- ◆ Subgroup suitable for partial breast RT?
- ◆ Risk factors requiring post-mastectomy RT to chest wall?
- ◆ Indications for RT axilla; SCF; internal mammary chain?
- ◆ 15- and 16-fraction schedules for whole breast RT?
- ◆ Tumour bed boost dose needed in women >50 with complete microscopic resection margins?

## RT: Conserved Breast Irradiation

- ◆ Is there a group not requiring RT as part of BCT?  
Yes    No    A
- ◆ Should «short course» RT (e.g. 40 Gy in 15 fractions) be offered as a standard?  
Yes    No    A
- ◆ Is «short course» RT as above an option if boost is also planned?  
Yes    No    A

## RT: Partial Breast Irradiation

Following breast conserving surgery, partial breast irradiation may be used:

- ◆ As the definitive irradiation, without any external beam therapy (ASTRO/ESTRO group)?

Yes No A

- ◆ Only in the absence of adverse tumor pathology?

Yes No A

- ◆ Intra-operatively?

Yes No A

- ◆ Replacing a boost in the context of whole breast external beam irradiation?

Yes No A

## Radiation Therapy: After Mx

Should post Mx RT be standard for patients with:

- ◆ N+  $\geq 4$ ? Yes No A

- ◆ N+ 1 to 3: all patients? Yes No A

- ◆ N+ 1 to 3 with adverse pathology?  
Yes No A

- ◆ N+ 1 to 3 at young age (< 40 yr)?  
Yes No A

- ◆ pN0 after axillary dissection but < 8 nodes examined?  
Yes No A

- ◆ Positive sentinel node biopsy but no axillary dissection?  
Yes No A

## Radiation Therapy: After Mx

Should post Mx RT be standard for patients with:

◆ Young age (< 40 yr) regardless of nodes?	Yes	No	A
◆ Adverse pathology regardless of nodes?			
Grade 3	Yes	No	A
Lymphovascular invasion	Yes	No	A
HER2+	Yes	No	A
Triple negative	Yes	No	A
◆ T > 5 cm regardless of nodes?	Yes	No	A
◆ Positive deep/radial margins?	Yes	No	A

## Radiation Therapy

Nodal areas requiring irradiation should:

◆ Include SCF in all irradiated patients?	Yes	No	A
◆ Include axilla in all irradiated patients?	Yes	No	A
◆ Include IMN in all irradiated patients?	Yes	No	A
◆ Be influenced by response to neoadjuvant therapy?	Yes	No	A
◆ Avoid the axilla following standard surgical dissection?	Yes	No	A
◆ Be influenced by the intrinsic subtype of the tumor?	Yes	No	A



# Pathology

## Pathology

For practical purposes, distinction between 'Luminal A' and 'Luminal B' (Her2 Neg) tumors can be:

- |                         |     |    |   |
|-------------------------|-----|----|---|
| • made by ER, PR alone? | Yes | No | A |
|-------------------------|-----|----|---|
- |                             |     |    |   |
|-----------------------------|-----|----|---|
| • made by ER, PR and Ki-67? | Yes | No | A |
|-----------------------------|-----|----|---|
- |   |     |    |   |
|---|-----|----|---|
| • made with grade 3 as a substitute for high Ki-67? | Yes | No | A |
|---|-----|----|---|
- |  |     |    |   |
|--|-----|----|---|
| • only safely determined by molecular diagnostics? | Yes | No | A |
|--|-----|----|---|
- |   |     |    |   |
|---|-----|----|---|
| • only safely determined by laboratories participating in quality assurance programs? | Yes | No | A |
|---|-----|----|---|

## Pathology: HER2

In the determination of HER2 status for anti-HER2 treatment purposes, do we need to know:

- Heterogeneity of overexpression of HER2?  
Yes    No    A

- Polysomy 17  
Yes    No    A

For treatment decisions do we also need to know

- Concomitant estrogen receptor expression status?  
Yes    No    A

- Degree of tumor proliferation?  
Yes    No    A

## Pathology: Subtypes

- ◆ Intrinsic subtypes may influence whether or not chemotherapy is used in the adjuvant regimen?

Yes    No    A

- If yes, multi-gene expression array profiling is required for subtype definition?

Yes    No    A

- Yes, but clinicopathologic definition of 'subtype' (e.g. St Gallen 2011) is sufficient for this purpose?

Yes    No    A

- ◆ Choice of cytotoxic therapy **regimen** should be influenced by intrinsic subtype?

Yes    No    A



## Multi-Gene Signatures

Would you ask for one of the multigene signatures (after clinicopathological assessment) :

- ◆ in nearly all cases independently of the 'intrinsic subtype'?
 

Yes	No	A
-----	----	---
- ◆ in nearly all ER and/or PgR positive ' (HER2-neg) cases?
 

Yes	No	A
-----	----	---
- ◆ in nearly all 'Luminal B' (HER2-neg) but not 'Luminal A' cases?
 

Yes	No	A
-----	----	---
- ◆ in N-neg. ER positive ' (HER2-neg) cases?
 

Yes	No	A
-----	----	---
- ◆ in N-pos. ER positive ' (HER2-neg) cases?
 

Yes	No	A
-----	----	---

## Multi-Gene Signatures

In an endocrine-responsive\* cohort:

- ◆ Does 21 gene RS predict Chemotherapy (ChT) response?
 

Yes	No	A
-----	----	---
- ◆ Does PAM-50 predict ChT response?
 

Yes	No	A
-----	----	---
- ◆ Does 70 gene signature predict ChT response?

Yes	No	A
-----	----	---
- ◆ Does EPclin predict ChT response?
 

Yes	No	A
-----	----	---

\* i.e. any expression of ER and/or PgR

## Multi-Gene Signatures

In an endocrine-responsive cohort\*, selection of patients who might forego chemotherapy can be partially based on:

◆ 21 gene RS	Yes	No	A
◆ PAM-50	Yes	No	A
◆ 70 gene signature	Yes	No	A
◆ EPclin	Yes	No	A

\* i.e. any expression of ER and/or PgR

## Molecular Diagnostics

◆ In an endocrine-responsive cohort\*, molecular diagnostics can be omitted if:

◆ Chemotherapy would not be given anyway because:

◆ T size $\leq$ 1 cm?	Yes	No	A
-----------------------	-----	----	---

◆ Chemotherapy would be given anyway because:

◆ T size (e.g. > 5 cm)?	Yes	No	A
-------------------------	-----	----	---

◆ Inflammatory BC?	Yes	No	A
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◆ 1-3 nodes+?	Yes	No	A
---------------	-----	----	---

◆ $\geq$ 4 nodes+?	Yes	No	A
--------------------	-----	----	---

◆ Grade 3?	Yes	No	A
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◆ Low ER% (e.g. 5%)	Yes	No	A
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◆ Young age (e.g. < 35)	Yes	No	A
-------------------------	-----	----	---

\* i.e. any expression of ER and/or PgR



# Stroma

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## Stroma

Pathological features of the stroma which should influence therapy choice in routine clinical practice include:

◆ Immunocyte infiltration?	Yes	No	A
◆ Microvascular density?	Yes	No	A
◆ Stromal p16 staining?	Yes	No	A
◆ Other?	Yes	No	A



# Endocrine Therapies

## Endocrine Therapy: Establishing Standards for Premenopausal

- |  |     |    |   |
|--|-----|----|---|
| · Tam alone as default?  | Yes | No | A |
| · Tamoxifen duration should be extended to 10 years in patients remaining premenopausal? | Yes | No | A |
| · <del>Ovarian function suppression (OFS) should be added to Tam:</del>                  |     |    |   |
| ◆ In all patients  | Yes | No | A |
| ◆ In the young (e.g. < 40 yr)  | Yes | No | A |

## Endocrine Therapy: Establishing Standards for Premenopausal

- . OFS alone (without tamoxifen) ?  

Yes	No	A
-----	----	---
  
- . AI + OFS is a valid option in case of contraindicated tam?  

<del>Yes</del>	<del>No</del>	A
----------------	---------------	---
  
- . AI + OFS is a valid option in all patients?  

Yes	No	A
-----	----	---

## Endocrine Therapy: Establishing Standards for Postmenopausal

- ◆ Can some patients be adequately treated with tamoxifen alone?  

Yes	No	A
-----	----	---
  
- ◆ If an AI, need it be started upfront in all patients?  

<del>Yes</del>	<del>No</del>	A
----------------	---------------	---
  
- ◆ If an AI, need it be started upfront in high risk?  

Yes	No	A
-----	----	---
  
- ◆ Can upfront AI be replaced with TAM after 2 yr?  

Yes	No	A
-----	----	---

## Endocrine Therapy: Establishing Standards for Postmenopausal

- ◆ Should extended AI beyond 5 years of adjuvant endocrine treatment be offered to patients with:

node-positive disease?	Yes	No	A
node-negative disease?	Yes	No	A

- ◆ If so, does the prior endocrine therapy matter?

Should extended AI beyond 5 years be given after

<del>◆ 5 years adjuvant tamoxifen?</del>	<del>Yes</del>	<del>No</del>	A
◆ 5 years endocrine therapy switching from tamoxifen to an AI?	Yes	No	A
◆ 5 years adjuvant AI?	Yes	No	A

- ◆ If AI is unavailable or not tolerated, (so that patient has switched to tamoxifen), should tamoxifen be continued beyond 5 years?

Yes	No	A
-----	----	---



## Chemotherapies

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## Chemotherapy Basic Questions

Factors arguing for inclusion of ChT are:

◆ Histological grade 3 tumor ?	Yes	No	A
◆ Ki-67 high	Yes	No	A
◆ Low hormone receptor status?	Yes	No	A
◆ Positive HER2 status?	Yes	No	A
◆ Triple negative status?	Yes	No	A

## Chemotherapy Basic Questions

Factors arguing for inclusion of ChT are (continued):

◆ High 21 gene RS (e.g. >25)?	Yes	No	A
◆ 70 gene High-Risk?	Yes	No	A
◆ Any positive node?	Yes	No	A
◆ > 3 positive nodes?	Yes	No	A
◆ Lymphovascular invasion?	Yes	No	A
◆ Young age (e.g. < 35 yr)?	Yes	No	A

## Chemotherapy

### Luminal A

- ◆ Is Luminal A phenotype less *responsive* to chemotherapy?  

Yes	No	A
-----	----	---
- ◆ Is chemotherapy less *useful* if added to endocrine therapy for pts. with Luminal A phenotype?  

Yes	No	A
-----	----	---
- ◆ Is less intensive chemotherapy such as AC4 or CMF6 or TC4 ~~adequate if chemotherapy is considered in Luminal A disease?~~  

Yes	No	A
-----	----	---
- ◆ Should chemotherapy be added for high risk (based on tumour volume)?  

Yes	No	A
-----	----	---

## Chemotherapy

### Luminal B (HER2 negative)

- ◆ Is Luminal B subtype by itself sufficient to prescribe chemotherapy?  

Yes	No	A
-----	----	---
- ◆ Is Ki-67 useful in defining Luminal B subtype?  

Yes	No	A
-----	----	---
- ◆ If Ki-67 is used, ~~which threshold should be used for defining Luminal B subtype:~~
  - $\geq 14\%$ ?      Yes      No      A
  - $\geq 20\%$ ?      Yes      No      A
  - $\geq 25\%$ ?      Yes      No      A
  - $\geq 30\%$ ?      Yes      No      A

## Chemotherapy

### Luminal B (HER2 negative)

- ◆ If given, the ChT regimen should contain anthracyclines rather than CMF?

Yes	No	A
-----	----	---

- ◆ Should the regimen contain taxanes?

Yes	No	A
-----	----	---

- ◆ Should chemotherapy extend for at least 6 courses?

Yes	No	A
-----	----	---

- ◆ Should dose-dense ChT be preferred when chemotherapy is indicated?

Yes	No	A
-----	----	---

## Chemotherapy

### HER2-positive

- ◆ Is there a chemotherapy regimen known to be preferred for HER2-positive phenotype?

Yes	No	A
-----	----	---

- ◆ Need the chemotherapy regimen for HER2-positive disease contain anthracyclines?

Yes	No	A
-----	----	---

- ◆ Need the chemotherapy regimen for HER2-positive disease contain taxanes?

Yes	No	A
-----	----	---

## Chemotherapy

### «Basal-Like»

- ◆ Should the ChT regimen for «basal-like» (TNBC ductal) phenotype contain anthracyclines and taxanes?  
Yes      No      A
- ◆ Should the ChT regimen for «basal-like» phenotype stress alkylating agents (not merely AC)?  
Yes      No      A
- ◆ Should the ChT regimen for «basal-like» phenotype contain Platinum?  
Yes      No      A
- ◆ Should dose-dense ChT requiring growth factor support be preferred?  
Yes      No      A

## Chemotherapy

### Preferences for Regimen

- ◆ Are there reasons other than tumor characteristics to prefer specific chemotherapy regimens?  
Yes      No      A
  - ◆ Women desiring fertility preservation?  
Yes      No      A
  - ◆ Avoiding alopecia?      Yes      No      A
  - ◆ Co-morbidities?      Yes      No      A
  - ◆ Age of patient?      Yes      No      A
  - ◆ Intrinsic subtype?      Yes      No      A
  - ◆ BRCA carriers?      Yes      No      A
  - ◆ Others, specify?      Yes      No      A



# Anti-HER2 Therapies

## Anti-HER2 Therapy

- ◆ Minimum T size (invasive diameter) requiring trastuzumab :
 

Vote for	10 mm	5 mm	any
----------	-------	------	-----
- ◆ Trastuzumab if given should be concurrent with taxane
 

Yes	No	A
-----	----	---
- ◆ Trastuzumab if given may be concurrent with anthra.
 

Yes	No	A
-----	----	---
- ◆ Trastuzumab (+/- endocrine therapy) if ChT contra-indicated?
 

◆ ER positive	Yes	No	A
◆ ER negative	Yes	No	A
- ◆ Preferred duration of trastuzumab if given:
 

Vote for	< 1 yr	1 yr	> 1 yr
----------	--------	------	--------



# Neo-Adjuvant Systemic Therapies

---

## Neo-Adjuvant Systemic Therapy Chemotherapy

- ◆ Should the only aim of neoadjuvant chemotherapy be to facilitate subsequent local therapies?
 

Yes	No	A
-----	----	---
- ◆ After pCR to neoadjuvant chemotherapy, subsequent adjuvant chemotherapy:
  - ◆ Should be given?
 

Yes	No	A
-----	----	---
  - ◆ If so, should include the same agents?
 

Yes	No	A
-----	----	---
- ◆ After failure to achieve pCR with neoadjuvant chemotherapy, subsequent adjuvant chemotherapy:
  - ◆ Should be given?
 

Yes	No	A
-----	----	---
  - ◆ If so, should include different agents?
 

Yes	No	A
-----	----	---

## Neo-Adjuvant Systemic Therapy HER2-Positive Disease

- ◆ Should neoadjuvant regimens for HER2-positive disease contain anti-HER2 drug(s)?

Yes                  No                  A

- ◆ Should dual HER2-targeting be recommended in the preoperative setting for HER2-positive disease?

Yes                  No                  A

## Neo-Adjuvant Systemic Therapy Endocrine Therapy

- ◆ Is neoadjuvant endocrine therapy alone a reasonable option for postmenopausal patients with *highly endocrine-responsive* disease (e.g. strongly positive receptors, low proliferation)?

Yes                  No                  A

- ◆ If yes, for which duration (choose one)?
- ◆ 3-4 months                                  Yes
- ◆ 4-8 months                                  Yes
- ◆ Maximal response                                  Yes



# Bisphosphonates

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## Bisphosphonates

Is zoledronic acid, given every 6 months during adjuvant endocrine therapy, indicated to improve DFS?

	Yes	No	A
• In premenopausal patients receiving LHRH plus TAM?			
	Yes	No	A
• In premenopausal patients not receiving LHRH?			
	Yes	No	A
• In postmenopausal patients?			
	Yes	No	A
• Should adjuvant denosumab substitute for zoledronic acid?			
	Yes	No	A



## Follow up

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### Follow-up After Early Breast Cancer

- ◆ Should all patients have regular follow-up with their surgeon/oncologist after completing their treatment? (excluding long-term endocrine therapy).  
Yes    No    A
- ◆ Is regular follow-up supervised by a nurse specialist in person or by telephone an acceptable follow-up option?  
Yes    No    A

---

- ◆ Should patients have any form of routine imaging apart from mammography as part of their follow-up?  
Yes    No    A





## 君たちにつたえたいこと

- ◆ サイエンス、エビデンスを尊重する心をもってほしい
- ◆ 日々の診療に埋没せず研究にとりこんでほしい
- ◆ 若い時代の貴重な時間を切り売りしないほうがよい
- ◆ 寝食を忘れて研究に打ち込んでほしい
- ◆ 親はなくとも子は育つ 子供の行事は重視しない
- ◆ 時代についていくのではなく時代をリードしてほしい
- ◆ 科学的、倫理的な乳がん診療を実践してほしい
- ◆ ワーク-ライフ-スタディ バランスを意識してほしい

第21回日本乳癌学会学術総会

情報 知識 理解の共有

2013年6月27日(金)-29日(日)

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ホテルはもう予約しましたか？